

CASEY NORDBERG

EDUCATION

New York University

Bachelor of Science in Applied Psychology, GPA: 3.93

• Double Major in French & Linguistics

Master of Counseling for Mental Health and Wellness, GPA: 4.0

New York, NY ; Paris, FR

May 2024

May 2025

HONORS

Dean's List

Scholarly Excellence Across Multiple Disciplines Award

University Honors Scholar

Steinhardt School of Culture, Education, and Human Development Scholarship

Steinhardt Global Honors Scholar

May 2021, 2022, 2023, 2024

May 2024

May 2024

September 2020 - present

September 2020

EXPERIENCE

Kurtz Psychology Consulting P.C.

York, NY

Mental Health Counseling Extern

Primary supervisors: Zohra Chahal, MA, Ph.D. & Steven Kurtz, Ph.D., ABPP

- Conduct individual and group cognitive behavior therapy for toddlers, children, and adolescents with selective mutism, anxiety disorders, and disruptive behavior disorders
- Conduct Parent-Child Interaction Therapy (PCIT) for children with disruptive behavior and comorbid presenting concerns
- Provide one-on-one mentorship for children with selective mutism during intensive group behavioral treatment programming
- Facilitate teacher trainings for children with selective mutism
- Provide school consultation as needed
- Conduct intake evaluations, formulate case conceptions, and develop treatment plans
- Attend weekly team meetings and trainings

New

May 2024 - present

Fountain House

Administrative Assistant, Quality Assurance and Compliance

• Manage sensitive personal health information (PHI) with professionalism and confidentiality

• Run monthly progress note reports for all clubhouses and residences to ensure compliance with standards for state funding

• Update members' demographic information, unit assignments, and mental health social practitioner assignments in electronic health records (EHR) database

• Enter supported housing and transitional apartment program tenants into HRA/CAPS database

• Enter services onto CAIRS database, assuring accurate billing

New York, NY

September 2023 - present

Kurtz Psychology Consulting PC

Intern

Primary supervisor: Zohra Chahal, MA, Ph.D.

- Participated as a counselor in two rounds of Mighty Mouth Kids Camp, a five-day intensive group behavioral treatment for selective mutism (SM), working with children with a variety of behavioral presentations individually and in groups using SM treatment skills
- Participated as a counselor in hour-long weekly group therapy sessions for children with SM, including an in person group for young children (ages 3-7), and online groups for middle-childhood (ages 8-12) and teens (ages 13-17)
- Participated as a confederate in patient intake behavioral observation tasks for selective mutism (BOT-SM) and in individual and parent-child dyadic sessions for SM
- Wrote comprehensive notes for clinicians on patients' strengths and challenges following group treatments
- Collaborated with clinicians and other interns to design and plan activities for treatment groups for children with SM
- Conducted literature reviews to inform treatment plans and structure of intensive group behavioral treatments (IGBTs)
- Managed patient data, including scanning and uploading of patients' documents onto electronic health records (EHR) software
- Received training in HIPAA compliance
- Observed parent-child-interaction therapy (PCIT) treatment sessions and parent skills groups
- Completed courses in SM treatment and PCIT, and PCIT-SM skills trainings with clinicians
- Prepared and cleared out treatment and observation rooms
- Scored patient intakes and other questionnaires (e.g. ECBI, SESBI-R, WACB-N, WACB-P, SNAP, SCARED, FSSM, SMQ)

New York, NY

January 2023 - January 2024

CASEY NORDBERG

Reading Partners

New York, NY

Tutor

January 2023 - May 2023

- Used pre-planned lessons to tutor children grades K-4 in reading skills
- Explained new concepts in a developmentally-appropriate manner and work alongside students to overcome difficulties
- Wrote and entered tutor notes specific to each student's strengths and challenges at the end of each session
- Executed use of Zoom and Reading Partners online platforms to ensure seamless delivery of tutoring curriculum
- Maintained communication with program coordinators to accommodate school scheduling and accept new sessions when possible

PUBLICATIONS

Nordberg, C. & Wu, S. (2024). *Use of Music Therapy to Promote Social Skills and Reduce Externalizing Behaviors in Children with Communication Difficulties*. [Accepted for publication in NYU Applied Psychology Online Publication of Undergraduate Studies].

CONFERENCE PRESENTATIONS

Nordberg, C., Wu, S., & Mao, X. (2024, May). *Music therapy to promote social skills and reduce externalizing behaviors in children with communication difficulties*. [Poster presentation]. New York University, New York, NY, United States.

SKILLS

PC & Macintosh literate; Advanced knowledge of Adobe Creative Suite, Canva, Microsoft office, SPSS; Advanced spoken and written proficiency in French; International Phonetic Alphabet (IPA) transcription